

THE DAY OF YOUR VISIT

ON YOUR FIRST VISIT WITH US, YOU ARE ASKED TO BRING ANY PAPERWORK THAT WAS MAILED TO YOU WITH YOUR INITIAL APPOINTMENT PACKET.

IT IS IMPORTANT THAT YOU **HAND CARRY** ANY MRI , CT SCAN, OR X-RAY FILMS THAT YOU HAVE HAD TAKEN REGARDING THE PAIN THAT YOU ARE COMING TO SEE US ABOUT. GO TO THE HOSPITAL WHERE YOU HAD THEM DONE AND PICK THEM UP. WE WILL LIKELY HAVE THE TYPED REPORT, BUT NEED TO LOOK AT THE ACTUAL FILMS. SOME FIND IT HELPFUL TO CALL THE HOSPITAL FILM LIBRARY AHEAD OF TIME AND HAVE THEM READY FOR PICK UP.

BE SURE TO HAVE ANY INSURANCE REFERRALS IN PLACE PRIOR TO YOUR APPOINTMENT DATE! CALL YOUR PRIMARY CARE PHYSICIAN'S OFFICE TO CHECK ON THAT!

BLOOD THINNING MEDICATIONS:

If you are on a blood thinning medication, contact your primary care physician to stop the medication 5 days prior to your appointment with us

Examples: Plavix, Coumadin, Pletal . Check with your PCP if unsure!

ON YOUR FIRST VISIT, PLAN ON SPENDING ABOUT AN HOUR WITH US. YOU WILL BE SEEN BY ONE OF OUR PROVIDERS WHERE YOU WILL BE EXAMINED AND INTERVIEWED ABOUT YOUR PAIN. THEY WILL GO OVER YOUR FILMS WITH YOU AND DECIDE ALONG WITH YOU WHAT THE BEST PLAN OF CARE WILL BE.. IF YOU ARE A CANDIDATE FOR AN INJECTION / PAIN BLOCK, THAT CAN BE DONE ON THE SAME DAY AS YOUR VISIT. THIS IS WHY IT IS IMPORTANT THAT YOU HAVE SOMEONE WITH YOU WHO WILL BE ABLE TO DRIVE YOU HOME.

WE HAVE A C-ARM AND RADIOFREQUENCY EQUIPMENT TO ASSIST IN PROVIDING HIGH QUALITY, HIGH TECHNOLOGY INTERVENTIONAL PROCEDURES WITH FLOUROSCOPIC GUIDANCE RIGHT HERE IN OUR OFFICE.

WEAR LOOSE, COMFORTABLE CLOTHING.
YOU WILL NOT HAVE TO DISROBE FOR YOUR PROCEDURE.

YOU WILL BE GIVEN DISCHARGE INSTRUCTIONS, AND IF YOU HAD AN INJECTION, A FOLLOW UP APPOINTMENT. YOUR VISIT NOTE WILL BE FAXED DIRECTLY TO YOUR FAMILY PHYSICIAN THE SAME DAY AS YOUR APPOINTMENT WITH US!