

## **THE DAY OF YOUR VISIT**

For your appointment, **PLEASE** remember to:

- Bring your completed paperwork. Any paperwork not completed **will** delay your appointment.
- Let the office staff know if you are taking ANY blood thinning medication other than baby aspirin.
  - Bring your license or photo ID and your Insurance cards.
- Be sure to have any necessary insurance referrals in place prior to your appointment date. Call your primary care physician's office or your insurance carrier to confirm.

### **BLOOD THINNING MEDICATION:**

If you are on a blood thinning medication, you may need to contact your primary care physician to temporarily stop your medication. This will vary depending on the medication and the treatment plan. Please call us to receive instructions. If you are unsure if you are taking a blood thinning medication, please check with your primary care physician.

Your initial appointment will be about one hour and a half. Follow up appointments can be anywhere from 30 minutes to one hour. This can be delayed by paperwork, insurance authorizations, special requests, etc. We use a team approach. Our team consists of Doctors and Nurse Practitioners; all are highly qualified and trained in Interventional Pain Management. You may see one or more provider on the day of your visit. We ask that you bring a driver with you in anticipation of an injection. If you cannot bring a driver with you to the appointment you will be asked to wait for up to 30 minutes following your injection. This is for your safety.